

## THE CITY



Natalie Bean Sole, left, president of Nutrition Forever, and fitness executive Giselle Cardillo

### THE SEARCH FOR T.O.'S SEXIEST PERSON

You may notice a theme with today's nominations, the first from Lorne Michael Simon, who nominates his nutritionist, Natalie Bean Sole, president of Nutrition Forever Inc: "Natalie is a nutritionist who sizzles! She's one hot mommy who wants to transform every mom into a hot mommy. She's a new mom herself and has lost all her baby fat and more. Through generous servings of healthy eating, the 5-foot, 8-inch workout buff has dropped more than 70 pounds since giving birth to beautiful

one-year-old Lexi. A 33-year-old dynamic entrepreneur, Natalie is redefining motherhood and it's never looked better."

John Cardillo nominates his wife Giselle Cardillo: "If being the "sexiest" is about having a hot body and being stunningly gorgeous I would put Giselle Cardillo toe-to-toe with any Hollywood starlet. But what makes Giselle the Sexiest Person in Toronto is that she is the smartest, hardest working and most dynamic person I've ever met — and that is downright sexy!

"Giselle is the president of 28 Mademoiselle Women's Fitness and Day Spa locations, and perhaps the single best testament to her product.

She is the mother of two incredible boys (ages 3 and 6), an expert snowboarder, scuba dives with sharks and can put men to shame with her tripping skills in the deep woods of the Canadian wilderness.

We'll be wrapping up the contest soon, so get your entries in to: [thecity@nationalpost.com](mailto:thecity@nationalpost.com)

Rob McKenzie, National Post